

*Kingdom Come Home*



## TINCTURES



[www.kingdomcomehome.shop](http://www.kingdomcomehome.shop)

# MEDICAL DISCLAIMER

**This statement and the products listed in this .pdf document have not been evaluated by the Food and Drug Administration and are not intended to prevent, treat, or cure disease.**

The information, including but not limited to, text, graphics, images, and other material contained in this .pdf document is for informational purposes only. No material in this .pdf document is intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition or treatment before undertaking a new health care regimen, and never disregard professional medical advice or delay in seeking it because of something you have read in this .PDF document.



# ABOUT OUR TINCTURES

**Children + Tinctures:** Please consult a pediatric herbalist before administering tinctures to children. Not all herbs are safe for children, and we always suggest doing your research, exercising caution, and speaking with a health professional.

**Pregnancy + Breastfeeding Precautions:** Mommas need to speak with their midwife or Doula. It is very important that you are aware of what may crossover into an unborn baby's delicate system.

**Drug Interaction Precautions:** If you're taking prescribed or over the counter medications, you need to speak with your doctor and do your research. Some herbs can counteract pharmaceutical drugs.

**Allergy Precaution:** People with extreme allergies need to know what plant family an herb originates from to ensure they are not potentially allergic to a plant compound.

**Chemo + Radiation Precaution:** People undergoing chemo or radiation should consult their physician before taking any herbal tincture, supplement, or powder to ensure safety.

# ABOUT OUR TINCTURES CONT.

**If you are new to tinctures, here is some information that you may find helpful:**

- Depending on the tincture, you may see floaters. This is completely normal and is just part of the herbs in the bottle.
- The color of the liquid in your tincture may vary from clear to red, green, purple/blue, gold, brown, etc. This is dependent on the herb and is also completely normal.
- The dropper of your tincture may be clear or it may look like moss. For example, Nettles tincture can turn the dropper almost green/black with a coating. This is also completely normal and depends on the herb.
- Our tinctures contain no water, making them highly resistant to mold. To ensure purity and potency, we use dried organic herbs combined with either vodka, Everclear, or coconut glycerin.
- Tinctures made from Everclear (190 proof) should not be taken directly under the tongue and are best dropped in water. It will be listed on the website if a tincture is made with vodka or Everclear.
- For children and our friends in the recovery community, tinctures should always be dropped into boiling tea to remove all traces of alcohol.
- If a tincture is not safe for children, pregnancy or breastfeeding mothers, this information will be listed on each individual tincture's webpage.
- Tinctures should be kept in a cool, dark cabinet. Some people keep their tinctures in a mini fridge, which does not harm them in any way.



# HOW TO SAFELY REMOVE ALCOHOL FROM TINCTURES

**For children, alcohol-based tinctures can be modified using this method:**

1. *Boil Water* – Heat a small amount of water to just below boiling.
2. *Add Tincture* – Place the tincture dose in a heat-safe cup.
3. *Pour Hot Water Over It* – Allow it to sit for 5-10 minutes.
4. *Let Alcohol Evaporate* – The heat will remove most of the alcohol while keeping the medicinal properties intact.

For a completely alcohol-free option, use glycerin-based tinctures (glycerites). We offer a selection of these on the website.

Herbs are a powerful and natural way to support children's health, but proper knowledge and caution are essential. Always use herbs in appropriate doses and consult a trusted herbalist or healthcare professional when necessary.

At Kingdom Come Home, we honor God's wisdom in nature's remedies.

*“He causes the grass to grow for the cattle, and vegetation for the labor of man, so that he may bring forth food from the earth.” – Psalm 104:14*

May your home be filled with healing, peace, and divine restoration.

# ABOUT OUR HERBS

All of the herbs used in our tinctures, salves, balms, supplements, and herbal remedies are organically grown - making them naturally non-GMO. We prefer to use wild crafted whenever possible, providing it doesn't disrupt God's ecosystem.

Our herbs are harvested and dried by hand in small batches at low "raw" temperatures to ensure the highest quality product. We work with growers who respect God's earth, and adhere to the biblical principles of allowing the land to rest. - Leviticus 25

We are committed to using only the highest quality organic herbs, sourced from all over the world. Our focus is not on impressing you with our tincture label, but rather on providing you with the exceptional benefits of God's creation.

We pray that our herbal tinctures are a blessing to you, your family, and your health. May you prosper, as your soul prospers.

# FREQUENTLY ASKED QUESTIONS

## **What is an Herbal Tincture?**

Tinctures are concentrated herbal extracts made by soaking the bark, berries, leaves (dried or fresh), plants, mushrooms, flowers, cones, or roots from one or more plants in alcohol. The alcohol extracts the medicinal properties, concentrating them as a liquid.

## **Is an herbal tincture, capsule, or powder stronger?**

Tinctures are stronger because they are more concentrated and bypass digestion by going directly into the bloodstream.

## **Can I take multiple tinctures at a time?**

Yes, however, you will want to research if the plants work together or against each other. A simple Google search will tell you.

## **How do I remove the alcohol if I am alcohol sensitive?**

Kingdom Come Home tinctures can be dropped into boiling tea. This will evaporate the alcohol leaving just the medicinal properties behind.

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**Have questions? Reach out to us at [contact@kingdomcomehome.shop](mailto:contact@kingdomcomehome.shop).**

# AMARANTH TINCTURE



## Potential Health Benefits:

- May reduce inflammation
- May support bone health
- May help lower cholesterol
- May aid the digestive system
  - May help fight diabetes
- May support natural detox
- May promote liver health
- May promote gut health

## Age – Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 10 to 20 drops, taken up to 3 times per day.

18 years and older: 20 to 30 drops, taken up to 3 times per day.

## Ingredients:

Organic Amaranth + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Amaranth tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# ARTICHOKE TINCTURE



## Potential Health Benefits:

- Loaded with nutrients and can help fill in nutritional gaps
  - May lower bad LDL cholesterol
  - May raise good HDL cholesterol
- May detox the liver and digestive system
  - May fight cardiovascular disease
- May help control diabetes and metabolic syndrome
  - May prevent anemia

## Age – Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 10 to 20 drops, taken up to 3 times per day.

18 years and older: 20 to 40 drops, taken up to 3 times per day.

## Ingredients:

Organic Artichoke + 80 proof vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Artichoke tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# ASHWAGANDHA TINCTURE



## Potential Health Benefits:

- May improve thyroid function
  - May treat adrenal fatigue
- May reduce anxiety and depression
  - May reduce stress
- May increase stamina and endurance
- May reduce brain cell degeneration
  - May stabilize blood sugar
  - May lower cholesterol
  - May boost immunity
- May decrease cortisol by up to 28% in the body

## Age – Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 2 to 4 drops, taken up to 2 times per day.

12 years to 17 years: 5 to 10 drops, taken up to 2 times per day.

18 years and older: 10 to 30 drops, taken up to 2 times per day.

## Ingredients:

Organic Ashwagandha + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Ashwagandha tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.





# ASTRAGALUS TINCTURE



## Potential Health Benefits:

- May help support immune health and energy
  - May promote lung health
  - May support liver health
  - May help with breathing issues
- May help support the body's response to stress
  - May support the immune system
  - May help lower blood pressure
- May stimulate the spleen, liver, lungs, circulatory, and urinary system
- May help kill cancer cells (particularly good for lung and breast)
  - May be used to treat hepatitis

## Age – Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 2 to 4 drops, taken up to 2 times per day.

12 years to 17 years: 5 to 10 drops, taken up 2 times per day.

18 years and older: 10 to 30 drops, taken up to 2 times per day.

## Ingredients:

Organic Astragalus + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Astragalus tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# BEE PROPOLIS TINCTURE



## Potential Health Benefits:

- May help prevent various types of cancer.
  - May provide anti-pollution benefits.
  - May prevent Alzheimer's Disease.
    - May alleviate asthma.
  - May help control blood sugar.
  - May support bone healing.
  - May boost 'good' cholesterol.
  - May aid in wound healing.
- May play a role in preventing breast cancer.
  - May help regulate blood pressure.
  - May help treat cavities.
- May be beneficial for celiac disease.
- May be effective in treating cold sores.
  - May have anti-fungal properties.
- May offer protection against cell phone radiation.
  - May help the common cold.
- May be beneficial for depression.
  - May combat ear infections.
- May offer relief from food poisoning.
  - And more!

## Dosage:

Use 10-15 drops a day diluted in a small glass of water, honey, or organic juice.

May be taken up to 3 times daily before a meal.

To fight infection, take Propolis when the first signs of illness occur; 15 drops of Propolis tincture 3 times a day until the symptoms dissipate.

For menopause symptoms or other ailments - take up to 3 times a day - as needed.

## Ingredients:

Bee Propolis & 190 Proof Grain Alcohol

- Hand made. Hand poured.
- Shelf Life - Indefinite

2 Ounce Dropper

*Safety  
Warning!*

This product is not recommended for individuals with a bee allergy or for households with someone who has a bee allergy. Additionally, it is not suitable for children. Please note that due to the high-strength alcohol used in the production process, the tincture may have a strong alcohol flavor and smell. Bee Propolis is a 100% natural, without any toxicity. Store in a cool dark place. Keep out of reach of children.



# BLACKBERRY ROOT TINCTURE



## Potential Health Benefits:

- High in antioxidants
- May enhance immunity
- May improve heart health
- May stop minor bleeding
- May assist in the treatment of dysentery, + diarrhea
  - May help with whopping cough
  - May help with colitis
  - May help with toothaches
  - May help with anemia
- May help with internal treatment for psoriasis
  - May relieve a sore throat
  - May help with mouth ulcers
- May help with internal shrinking of hemorrhoids

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 5 to 10 drops, taken 2 to 3 times per day.

12 years to 17 years: 10 to 15 drops, taken 2 to 3 times per day.

18 years and older: 15 to 30 drops, taken 2 to 3 times per day.

## Ingredients:

Organic Blackberry Root & 80 vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Blackberry root tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# BURDOCK ROOT TINCTURE



## Potential Health Benefits:

- May be one of the best herbs to use for problem skin, to purify the blood, and to cleanse the lymphatic system.
- May be an effective antibacterial and antiviral against a broad spectrum of illness-causing pathogens.
  - May provide support for the digestive system.
  - May contribute to body and blood detoxification.
    - May be used in the treatment of psoriasis.
- May boost kidney function and act as a liver cleanse.
  - May increase urine flow.
- May be effective in the treatment of gout and gastrointestinal complaints.
- May contribute to strength, vitality, and energy.
  - May help fight tonsillitis.
  - May assist with an enlarged spleen.
    - May improve arthritis.
- By improving the function of many organs such as the liver and colon, many health conditions may be relieved. These may include chickenpox, colds, cough, eczema, fever, flu, measles, mumps, and urinary infections.

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Please consult your doctor or naturopath.

12 years to 17 years: 12 to 15 drops, orally in half a glass of water 2-3 times a day for up to 3 weeks. Take a week off and then you can repeat the cycle.

18 years and older: 25 to 30 drops orally in half a glass of water 2-3 times a day for 3 weeks. Take a week off and then you can repeat the cycle.

## Ingredients:

Organic Burdock Root & 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

## Safety Warning!

Burdock is a plant that may cause allergic reactions in people who are sensitive to the Asteraceae/Compositae family, which includes ragweed, chrysanthemums, marigolds, daisies, and other related plants. Therefore, it is recommended to avoid using burdock if you have allergies to these plants. It is important to note that burdock is not safe for children under one year of age.



# BUTTERFLY PEA FLOWER TINCTURE



## Potential Health Benefits:

- The Beauty Tincture - may increase collagen and elasticity
- May enhance memory, cognition, and intelligence; as a calmative/anxiolytic. It may reduce stress and anxiety.
  - Anti-inflammatory
- May enhance night vision, and may prevent cataracts
  - May stimulate hair growth
- May provide antioxidant protection
  - May speed up the metabolism
  - May help lower blood pressure
  - May inhibit tumor formation
- May lower the risk of CVD and modulate cognitive and motor function
  - May act as an anti-inflammatory and anti-bacterial

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 5 to 15 drops, taken up to 3 times per day.

18 years and older: 10 to 30 drops, taken up to 3 times per day.

## Ingredients:

Organic Butterfly Pea Tea + 100 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Butterfly pea tea tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# CACAO TINCTURE



## Potential Health Benefits:

- A high source of antioxidants (40 times the amount found in blueberries)
  - Highest plant-based source of iron
- Full of healthy magnesium for healthy heart and brain and contains exceptional amounts of manganese, copper, phosphorus, zinc, potassium
  - Contains more calcium than cow's milk
- May help maintain muscle and nerve function
  - May prevent constipation
  - May help prevent iron deficiency
    - May help with anemia
- May help reduce the risk of coronary disease and stroke
  - May stimulate mood
- May help promote mental clarity and may enhance focus

## Age - Dosage:

Younger than 5 years: Do not use.

5 years to 11 years: 5 to 10 drops, taken 1 to 2 times per day.

12 years to 17 years: 5 to 10 drops, taken 1 to 2 times per day.

18 years and older: 10 to 20 drops, taken 1 to 2 times per day.

## Ingredients:

Organic Cacao + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Cacao bean tincture is not considered safe for women who are pregnant, breastfeeding, or children under five.





# CALENDULA GLYCERIN TINCTURE



## For Skin & Wound Healing:

- **Supports Skin Repair** – Traditionally used to soothe cuts, scrapes, burns, rashes, and eczema.
- **Anti-Inflammatory & Antimicrobial** – Helps reduce redness, swelling, and prevent infections.
- **Promotes Clear, Healthy Skin** – May assist with acne, rashes, and skin irritations.

## For Immune & Digestive Health:

- **Boosts Immune Function** – Supports the body's natural defenses against infections.
- **Gentle on Digestion** – Helps ease bloating, cramping, and mild digestive discomfort.
- **Lymphatic System Support** – Encourages detoxification by promoting healthy lymphatic drainage.

## For Children:

- **Soothes Skin Irritations** – Safe and effective for diaper rash, cradle cap, and minor scrapes.
- **Gentle Immune Support** – Helps little bodies fight off infections naturally.
- **Supports Gut Health** – Helps ease occasional tummy troubles and digestive discomfort.
- **Safe & Mild** – A gentle, nourishing herb suitable for all ages.

## Dosing Instructions:

- **Children (1-3 years):** 5-10 drops, up to 3 times daily.
- **Children (4-12 years):** 10-20 drops, up to 3 times daily.
- **Teens & Adults:** 30 drops (1 dropper), up to 3 times daily.

Can be taken directly under the tongue or diluted in water, juice, or herbal tea. Shake well before use.

## Ingredients:

- Organic Calendula + Coconut Glycerin
- Hand made. Hand poured.
- Shelf Life - 1 year

**2 Ounce Dropper**

*Children +  
Tinctures*

Please consult a pediatric herbalist before administering tinctures to children. Not all herbs are safe for children, and we always suggest doing your research, exercising caution, and speaking with a health professional.



# CALENDULA TINCTURE



## Potential Health Benefits:

- May offer relief from stomach cramps
  - May help heal ulcers
- May speed up recovery from herpes virus
  - May offer relief from diarrhea
  - May clear up yeast infections
  - May help with colitis

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 5 to 15 drops, taken up to 3 times per day.

12 years to 17 years: 10 to 30 drops, taken up to 3 times per day.

18 years and older: 20 to 60 drops, taken up to 3 times per day.

## Ingredients:

Organic Calendula & 80 proof Vodka

- Hand Made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Calendula tincture is not considered safe for women who are pregnant, breastfeeding, or children under one. Calendula may have potential uterine-stimulating effects, which can be harmful during pregnancy.



# CALIFORNIA POPPY TINCTURE



## Potential Health Benefits:

- Promotes relaxation & nervous system support
- Encourages restful sleep & helps with insomnia
- May ease body aches, nerve pain & restless leg syndrome
- Supports mood balance & helps with anxiety or agitation
  - May aid bladder health & reduce bedwetting
  - Traditionally used for pain management

## How to Use:

If you're new to this tincture, start small with 5-10 drops every couple of hours. Adjust as needed based on your goals:

- For pain relief: 40-60 drops over an hour
- For calming nerves: 5-10 drops as needed
- For restful sleep: 20-40 drops an hour before bed

## Ingredients:

Organic California Poppy Flower + 80 proof Vodka

- Hand Made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

## Safety Warning!

This tincture is not for use in children under 14 and should not be used if pregnant or breastfeeding without consulting a midwife or doula. Do not drive or operate machinery after taking this tincture. Discontinue use at least two weeks before surgery, as California poppy may interact with anesthesia and other medications. Avoid combining it with sedative medications, such as benzodiazepines. Always consult your healthcare provider if you are taking medications, have underlying health conditions, or are undergoing chemotherapy or radiation.



# CATS CLAW BARK TINCTURE



## Potential Health Benefits:

- May possess antibiotic properties
- May help with colds, flu, and other viral infections
  - May help with immune support
  - May boost white blood cell levels
- May help with joint pain and stiffness
- May help with herpes simplex 1 and 2

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 10 to 15 drops, taken up to 3 times per day.

18 years and older: 20 to 30 drops, taken up to 3 times per day.

## Ingredients:

Organic Cats Claw & 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Cats claw bark tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# CATNIP GLYCERIN TINCTURE



## For Calm & Sleep:

- Promotes Relaxation – Helps ease nervous tension, restlessness, and overstimulation.
- Encourages Restful Sleep – Supports deep, uninterrupted sleep without grogginess.
- Soothes Irritability – Great for fussy babies, anxious children, and overstimulated adults.

## For Digestion & Immune Health:

- Eases Tummy Troubles – Helps relieve gas, bloating, indigestion, and colic.
- Supports a Healthy Immune Response – Traditionally used to help the body fight off colds and fevers.
- Mild Antispasmodic – Helps relax muscles, easing cramps and digestive discomfort.

## For Children:

- Gentle & Safe Calming Support – Helps little ones settle down and relax.
- Soothes Infant Colic & Digestive Issues – A time-tested remedy for gassy or fussy babies.
- Supports Sleep & Relaxation – Ideal for bedtime or during stressful transitions.
- Naturally Mild & Sweet – Well-tolerated by children of all ages.

## Dosing Instructions:

- Infants (6-12 months): 2-5 drops, up to 3 times daily.
- Children (1-3 years): 5-10 drops, up to 3 times daily.
- Children (4-12 years): 10-20 drops, up to 3 times daily.
- Teens & Adults: 30 drops (1 dropper), up to 3 times daily.
- For Sleep Support: Take 30 minutes before bedtime.

Can be taken directly under the tongue or diluted in water, juice, or herbal tea. Shake well before use.

## Ingredients:

Organic Catnip + Coconut Glycerin

- Hand made. Hand poured.
- Shelf Life - 1 year

2 Ounce Dropper

*Children +  
Tinctures*

Please consult a pediatric herbalist before administering tinctures to children. Not all herbs are safe for children, and we always suggest doing your research, exercising caution, and speaking with a health professional.



# CATNIP TINCTURE



## Potential Health Benefits:

- May help with nausea
- May help with nicotine withdrawals
  - May help with flatulence (gas)
  - May calm the nervous system
- May help with childhood fevers
- May help with childhood asthma
  - May promote restful sleep
  - May help with anxiety

## Age - Dosage:

Younger than 2 years: Do not use.

2 years to 11 years: 1 to 5 drops, taken up to 3 times per day.

12 years to 17 years: 5 to 10 drops, taken up to 3 times per day.

18 years and older: 10 to 20 drops, taken up to 3 times per day.

## Ingredients:

Organic Catnip & 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Catnip tincture is not considered safe for women who are pregnant, breastfeeding, or children under two.





# CAYENNE PEPPER TINCTURE



## Potential Health Benefits:

- May help to instantly stop a heart attack
  - May improve heart health
  - May help with pain relief
  - May improve digestion
  - May aid in weight loss
  - May boost immunity
- May help with respiratory issues
  - May help with arthritis pain

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 5 years: 1 to 2 drops, taken up to 3 times per day.

6 years to 11 years: 3 to 5 drops, taken up to 3 times per day.

12 years to 17 years: 5 to 15 drops, taken up to 3 times per day.

18 years and older: 10 to 30 drops, taken up to 3 times per day.

## Ingredients:

Organic Cayenne & 80 proof Vodka

- Hand Made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Cayenne pepper tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# CEYLON CINNAMON TINCTURE



## Potential Health Benefits:

- Loaded with antioxidants
- May improve insulin sensitivity
- May improve leptin resistance
- May help fight bacteria + fungi
  - May improve heart health
  - May relieve PMS
- May help with brain function
- May improve skin health

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 10 to 20 drops, taken up to 3 times per day.

18 years and older: 20 to 40 drops, taken up to 3 times per day.

## Ingredients:

Organic Ceylon Cinnamon & 80 proof Vodka

- Hand Made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Ceylon cinnamon tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# CHAMOMILE GLYCERIN TINCTURE



## Key Benefits:

- **Promotes Relaxation & Sleep** – Naturally calms the nervous system to help with restlessness and occasional sleeplessness.
- **Eases Digestive Discomfort** – Soothes upset stomachs, gas, and colic.
- **Supports a Healthy Mood** – Helps reduce irritability and occasional stress in children.

## Dosing Instructions:

- Infants (6-12 months): 2-5 drops, up to 3 times daily.
- Children (1-3 years): 5-10 drops, up to 3 times daily.
- Children (4-12 years): 10-20 drops, up to 3 times daily.
- Children 12+ and Adults: 30 drops (1 dropper), up to 3 times daily.

Can be taken directly under the tongue or diluted in water, juice, or herbal tea. Shake well before use.

## Ingredients:

Organic Chamomile + Coconut Glycerin

- Hand made. Hand poured.
- Shelf Life - 1 year

**2 Ounce Dropper**

*Children +  
Tinctures*

Please consult a pediatric herbalist before administering tinctures to children. Not all herbs are safe for children, and we always suggest doing your research, exercising caution, and speaking with a health professional.



# CHAMOMILE TINCTURE



## Potential Health Benefits:

- May act as a anti-inflammatory and reduce pain
  - May help with anxiety and depression
    - May help with seasonal allergies
  - May treat inflammatory conditions
    - May alleviate muscle spasms
- May reduce PMS symptoms and other menstrual disorders
  - May help with insomnia
  - May treat ulcers
- May help gastrointestinal disorders
- May reduce arthritis symptoms and rheumatic pain
  - May help with hemorrhoids
- May help keeps gums and teeth healthy
  - May relieve congestion
  - May help to fight cancer
  - May help with heart health

## Age - Dosage:

Younger than 1 year: Do not use.

1-2 years (up to 24 pounds): 10 to 15 drops as needed up to 3 times a day

3-6 years (24-48 pounds): 20 drops as needed up to 3 times a day

7-11 years (49-95 pounds): 30 drops as needed up to 3 times a day.

18 years and older: 40 drops (1-2 dropperfuls) 2-5 times a day as needed. For sleep, you can take a higher dose (up to 4-5 dropperfuls).

## Ingredients:

Organic Chamomile & 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

## Safety Warning!

Chamomile is a natural remedy that has many health benefits. However, it is important to note that people with asthma should avoid taking it as it may worsen their symptoms. Pregnant women should also avoid chamomile due to the potential risk of miscarriage. On the other hand, it is considered safe for breastfeeding mothers. It is also important to note that if you have allergies to asters, daisies, chrysanthemums, or ragweed, you may be allergic to chamomile as well. Additionally, chamomile is not safe for children under one year of age.



# CILANTRO TINCTURE



## Potential Health Benefits:

- May support liver detoxification and maintenance
  - May assist in hormone balancing and support
    - May help normalize blood sugar levels
    - May support metabolism
- May relieve digestive ailments such as stomach aches
  - May help with flatulence and constipation
- May assist the body in detoxifying from heavy metals (lead, mercury, aluminum)

\*We suggest adding activated charcoal to your detox protocol. While activated charcoal doesn't remove everything, it does eliminate important toxins, including chlorine, chloramine, hydrogen sulfide, phenol, tannins, and several heavy metals. You can find ours here:

<https://www.kingdomcomehome.shop/product-page/activated-charcoal>

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 3 to 5 drops, taken 1 to 2 times per day.

18 years and older: 5 to 15 drops, taken 1 to 2 times per day.

## Ingredients:

Organic Cilantro & 80 proof Vodka

- Hand Made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Cilantro tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# CLEAR SKIN TINCTURE



## Potential Health Benefits:

- May act as a liver tonic.
- May be an antioxidant powerhouse.
- May help prevent and fight acne, pigmentation, and dark spots.
- May reduce inflammation.
- May provide antibacterial properties.
- May provide a powerful detoxifying and skin cleansing effect.

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 10 to 20 drops, taken up to 3 times per day.

18 years and older: 20 to 40 drops, taken up to 3 times per day.

\*We also suggest adding between 30mg/day and 50mg/day of elemental zinc while taking this tincture.

## Ingredients:

Organic Oregon Grape Root, Organic Roobios, Organic Lemongrass, Organic Lemon Rind, Organic Clove, Organic Cinnamon, Organic Black Tea & 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

This tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.





# CLOVE TINCTURE



## Potential Health Benefits:

- May be helpful in alleviating muscle aches and pain.
- May help upset stomach and act as an expectorant.
- May be excellent for post nasal drip and congestion.
  - May be helpful in protecting against cancer.
- May be helpful in stopping the growth of microorganisms like bacteria.
- May be especially beneficial for the liver, including those with fatty liver disease.
  - May be helpful in regulating blood sugar.
  - May be helpful with bone health, as some of the compounds in cloves have been shown to help preserve bone mass.
- May be helpful in treating stomach ulcers.
- May be a natural antibiotic that could boost your immune system.
  - May be excellent for tooth pain.
- May be a very powerful antimicrobial for gastric infections, colds, and flu.
  - Clove may be the only herb that can effectively kill parasite eggs, and using clove tincture may help destroy eggs that worms lay in the intestinal tract. It may be most effective when used in conjunction with wormwood.

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 13 years: Do not use.

14 years to 17 years: 10 to 15 drops, taken up to 3 times per day. Add drops to 2 oz. of water or juice, 2 to 4 times per day. Best taken between meals.

18 years and older: Shake well before using. Add 20 drops to 2 oz. of water or juice, 2 to 4 times per day. Best taken between meals.

## Ingredients:

Organic Cloves & 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Clove tincture is not considered safe for women who are pregnant, breastfeeding, or children under 14.



# COFFEE BEAN TINCTURE



## Potential Health Benefits:

- High in antioxidants
- May protect liver health
- May improve physical performance - energy
- May support cognitive function
- May help prevent diabetes
- May promote heart health
- May boost fat burning

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 10 to 20 drops, taken up to 3 times per day.

18 years and older: 20 to 40 drops, taken up to 3 times per day.

## Ingredients:

Organic Coffee Bean & 80 proof Vodka

- Hand Made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Coffee bean tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# COLLOIDAL SILVER WATER 30PPM



## Potential Health Benefits:

- May provide antibacterial properties.
  - May help with Wound Healing.
- May help with Respiratory Health.
  - May help with Dental Health.
- May help with Immune Support.
- May help with Skin Conditions.

## Topical Use:

Colloidal silver moisturizes the upper layers of the epidermis and soothes the skin. It stimulates healing, clarifies the complexion, and reduces redness.

If applying colloidal silver topically, use 1-2 full droppers on the area per day. (1-2 ml)

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years old: 12 to 24 drops, taken 1 to 2 times per day.

12 years to 17 years old: 24 to 48 drops, taken 1 to 2 times per day.

18 years and older: 48 to 96 drops, taken 1 to 2 times per day.

## Ingredients:

C99.99% Pure Silver & Distilled Water

2 Ounce Dropper

*Safety  
Warning!*

Colloidal silver water is not considered safe for women who are pregnant, breastfeeding, or children under one.



# CORN SILK TINCTURE



## Potential Health Benefits:

- May help with bedwetting
- May help with bladder infections and kidney stones
  - May help prevent heart conditions
  - May help control diabetes
- May help with high blood pressure
- May help lower high cholesterol

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 5 to 10 drops, taken up to 3 times per day.

12 years to 17 years: 10 to 15 drops, taken up to 3 times per day.

18 years and older: 20 to 30 drops, taken up to 3 times per day.

## Ingredients:

Organic Corn Silk & 80 proof Vodka

- Hand Made. Hand poured.
- Shelf Life - 10 years

**2 Ounce Dropper**

*Safety  
Warning!*

Corn silk tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# CRAMPBARK TINCTURE



## Potential Health Benefits:

- May be good for muscle spasms
- May be good for braxton hicks contractions
- May be good for cramps associated with PMS or endometriosis.

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 10 to 15 drops, taken 3 times per day.

18 years and older: 20 to 30 drops, taken 3 times per day.

## Ingredients:

Organic Dried Cramp Bark & 80 proof vodka

• Hand Made. Hand poured.

Shelf Life: 10 Years

**2 Ounce Dropper**

*Safety  
Warning!*

Crampbark tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# DANDELION ROOT TINCTURE



## Potential Health Benefits:

- Rich in antioxidants
- May help reduce cholesterol
- May help regulate high blood pressure
- May support liver and kidney health
- May support the immune system and fight bacteria
  - May strengthen bones
  - May promote skin health

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 5 to 15 drops, taken 1 to 3 times per day.

18 years and older: 15 to 30 drops, taken 1 to 3 times per day.

## Ingredients:

Organic Dandelion Root + 80 proof Vodka

- Hand Made. Hand poured.
- Shelf Life - 10 years

**2 Ounce Dropper**

*Safety  
Warning!*

Dandelion root tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# ECHINACEA GLYCERIN TINCTURE



## Key Benefits:

- **Boosts Immune Function** – Helps support the body's natural defenses, especially during cold and flu season.
- **Shortens Duration of Illness** – Traditionally used to reduce the severity and length of colds and infections.
- **Supports Respiratory Health** – Helps soothe the throat and promote clear airways.

## Dosing Instructions:

- Infants (6-12 months): 2-5 drops, up to 3 times daily.
- Children (1-3 years): 5-10 drops, up to 3 times daily.
- Children (4-12 years): 10-20 drops, up to 3 times daily.
- Children 12+ and Adults: 30 drops (1 dropper), up to 3 times daily.

Can be taken directly under the tongue or diluted in water, juice, or herbal tea. Shake well before use.

## Ingredients:

Organic Echinacea + Coconut Glycerin

- Hand made. Hand poured.
- Shelf Life - 1 year

**2 Ounce Dropper**

*Children +  
Tinctures*

Please consult a pediatric herbalist before administering tinctures to children. Not all herbs are safe for children, and we always suggest doing your research, exercising caution, and speaking with a health professional.





# ELDERBERRY GLYCERIN TINCTURE



## Key Benefits:

- **Boosts Immune Function** – Helps strengthen the body's natural defenses, especially during cold and flu season.
- **Rich in Antioxidants & Vitamins** – High in vitamin C and flavonoids to support overall health.
- **Shortens Duration of Colds & Flu** – Traditionally used to reduce symptoms and recovery time.
- **Alcohol-Free & Gentle** – Made with a kid-friendly glycerin base for safe and effective use.
- **Easy & Great-Tasting** – Can be taken directly or mixed into water or juice.

## Dosing Instructions:

- **Infants (6-12 months):** 2-5 drops, up to 3 times daily.
- **Children (1-3 years):** 5-10 drops, up to 3 times daily.
- **Children (4-12 years):** 10-20 drops, up to 3 times daily.
- **Children 12+ and Adults:** 30 drops (1 dropper), up to 3 times daily.

Can be taken directly under the tongue or diluted in water, juice, or herbal tea. Shake well before use.

## Ingredients:

Organic Elderberry + Coconut Glycerin

- Hand made. Hand poured.
- Shelf Life - 1 year

**2 Ounce Dropper**

*Children +  
Tinctures*

Please consult a pediatric herbalist before administering tinctures to children. Not all herbs are safe for children, and we always suggest doing your research, exercising caution, and speaking with a health professional.



# ELDERBERRY TINCTURE



## Potential Health Benefits:

- Exceedingly high in antioxidants
  - May enhance immunity
  - May treat influenza
  - May treat infection
  - May treat sciatica
  - May treat headache
- May assist with dental pain
  - May treat heart health
  - May treat nerve pain
  - May act as a diuretic
  - May reduce swelling
- May help fight inflammation
  - May treat fatigue
- May treat cough + sore throat
  - May treat body aches

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 5 years: 5 to 10 drops, taken 2 to 3 times per day.

6 years to 11 years: 10 to 20 drops, taken 2 to 3 times per day.

12 years and older: 20 to 40 drops, taken 2 to 3 times per day.

## Ingredients:

Organic Elderberry and 80 proof Vodka

- Hand Made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Elderberry tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# FENNEL GLYCERIN TINCTURE



## Key Benefits:

- Supports Healthy Digestion – Helps relieve gas, bloating, and occasional indigestion.
- Soothes Colic & Tummy Discomfort – Traditionally used to calm upset stomachs in infants and children.
- Promotes Respiratory Health – Naturally supports clear airways and easier breathing.

## Dosing Instructions:

- Infants (6-12 months): 2-5 drops, up to 3 times daily.
- Children (1-3 years): 5-10 drops, up to 3 times daily.
- Children (4-12 years): 10-20 drops, up to 3 times daily.
- Children 12+ and Adults: 30 drops (1 dropper), up to 3 times daily.

Can be taken directly under the tongue or diluted in water, juice, or herbal tea. Shake well before use.

## Ingredients:

Organic Fennel + Coconut Glycerin

- Hand made. Hand poured.
- Shelf Life - 1 year

2 Ounce Dropper

*Children +  
Tinctures*

Please consult a pediatric herbalist before administering tinctures to children. Not all herbs are safe for children, and we always suggest doing your research, exercising caution, and speaking with a health professional.



# FENNEL TINCTURE



## Potential Health Benefits:

- May reduce the formation of blood clots
- May increase milk supply for breastfeeding
  - May clear mucus from airways
  - May treat hypertension
- May help alleviate menstrual cramps
  - May prevent glaucoma
  - May boost metabolism
  - May improve eyesight
- May offer a gentle body detox

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 to 2 drops, taken up to 3 times per day.

12 years to 17 years: 3 to 5 drops, taken up to 3 times per day.

18 years and older: 10 to 20 drops, taken up to 3 times per day.

## Ingredients:

- Organic Fennel + 80 proof Vodka
- Hand made. Hand poured.
  - Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Fennel tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# FELON HERB (MUGWORT) TINCTURE



## Potential Health Benefits:

- May ease symptoms of epilepsy
  - May help calm convulsions
- May help with irregular periods
  - May ease digestion problems
  - May support liver health
- May help with internal treatment for eczema
  - May relieve constipation

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 5 to 10 drops, taken up to 3 times per day.

12 years to 17 years: 10 to 20 drops, taken up to 3 times per day.

18 years and older: 20 to 40 drops, taken up to 3 times per day.

## Ingredients:

Organic Felon Herb + 80 proof Vodka

- Hand Made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Felon herb tincture is not considered safe for women who are pregnant, breastfeeding, or children under one. Mugwort contains thujone, which can be toxic in large amounts and may cause uterine contractions that can lead to miscarriage or premature birth.



# FEVERFEW TINCTURE



## Potential Health Benefits:

- May lower fever
- May act as an anti-inflammatory
  - May aid in pain relief
  - May help with arthritis
  - May help with migraines
- May help with rheumatic joint pain

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 5 to 10 drops, taken up to 3 times per day.

18 years and older: 20 to 30 drops, taken up to 3 times per day.

## Ingredients:

Organic Fever Few + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Feverfew tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# FRANKINCENSE + MYRRH TINCTURE



## Potential Health Benefits:

- May be excellent for memory and focus
  - May be a natural antibiotic.
- May help break down mucus deposits within the respiratory tract and sinuses.
- May help reduce the redness and swelling identified with weakening gums or gum disease.
  - May be helpful with receding gums.
  - May be helpful in healing mouth ulcers.
- May help balance hormone levels through the regulation of estrogen production.
- May help prevent ovarian cysts and tumors.
- May be helpful with anxiety and depression.
  - May promote blood circulation.
  - May help remove blood stasis.
- May help manage joint pain and swelling.
  - May help address respiratory issues.
- May provide anti-inflammatory properties.
  - May help manage blood sugar levels.
- May be beneficial for gum issues and improving oral health.
- And more!

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 15 years: Do not use.

15 years to 17 years: Shake well before use. 10 to 20 drops in water or juice taken once per day.

18 years and older: Shake well before use. 20-30 drops 3 x per day.

## For Oral Health Benefits:

Put one full dropper into a small amount of water (half a Dixie cup of water). Swish and spit out. Can be used daily.

## Ingredients:

Organic Frankincense (*Boswellia Serrata*) Dried Resin, Organic Myrrh (*Commiphora myrrha*) + 80 proof vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

This tincture is not considered safe for women who are pregnant, breastfeeding, or children under 15 years of age.





# GARLIC TINCTURE



## Potential Health Benefits:

- May help with colds, flu, and viral illnesses
- May help prevent heart disease and aid in cardiovascular health
  - May help with UTI's
- May help with high blood pressure
  - May fight infections
  - May help with alopecia
- May help repair the brain and prevent oxidative damage

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 to 5 drops, taken up to 3 times per day.

12 years to 17 years: 5 to 10 drops, taken up to 3 times per day.

18 years and older: 10 to 30 drops, taken up to 3 times per day.

## Ingredients:

Organic Garlic + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Garlic tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# GUARD MY MOUTH ORAL HEALTH TINCTURE



Guard My Mouth is made with organic medicinal herbs that are antiseptic, antibacterial, and antiviral. It helps to reduce gum inflammation, kills bacteria, removes plaque, fights cavities, gingivitis, and bad breath. This is not to be ingested, rather used as a tonic that you swish.



## Directions:

After brushing your teeth, drop one full dropper into a small amount of warm water. Swish in your mouth for 30 seconds, and spit out. Do not swallow. Repeat after each time you brush. Pairs well with our Yarrow and Clay Toothpaste.

## Non-Toxic Ingredients:

Red Raspberry Leaf, Thyme, Clove, Cinnamon, Ancient Salt, Peppermint, Sage, Frankincense, Myrrh, Yarrow, Chamomile, Echinacea, Lavender, Basil, Lemon Rind, and Orange Rind + 80 proof vodka.

**Size: 2oz.**

## *Safety Warning!*

When using a new product, always do a patch test first. Discontinue use if irritation occurs. Do not use any products if you have an allergy to an ingredient. Avoid getting any product into the eye. Flush eyes immediately with water if this occurs.



# GOJI BERRY TINCTURE



## Potential Health Benefits:

- May help reduce blood glucose
- May help protect against type 2 diabetes
  - May reduce hypertension
- May defend against infectious disease
- May lower the risk for common illnesses like the cold or a fever
- May help with depression and anxiety or other mood disorders
- May regulate cholesterol levels and keep triglycerides in balance
  - May protect skin and eye health
  - May help with Alzheimer's
- May regulate the body's hydration
  - May act as a super anti-oxidant
  - May improve eyesight

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 to 5 drops, taken 1 to 3 times per day.

12 years to 17 years: 10 to 20 drops, taken up to 1 to 3 times per day.

18 years and older: 20 to 40 drops, taken up to 1 to 3 times per day.

## Ingredients:

Organic Goji Berry + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Goji berry tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# GREEN TEA TINCTURE



## Potential Health Benefits:

- May promote weight loss
- May assist in disease prevention
- May help normalize blood sugar levels
  - May support metabolism
- May help with exercise recovery
  - May help with skin health
  - May assist the liver health
  - May improve brain function

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 28 to 36 drops taken 1 to 2 times per day.

18 years and older: Drop 56 drops (2ml) three (3) times a day in a small amount of water and swallow.

## Ingredients:

Organic Green Tea + 80 proof Vodka

- Hand Made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Green Tea tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# HIBISCUS + LAVENDER TINCTURE



## Potential Health Benefits:

- May help lower blood pressure
  - May help with diabetes
- May support healthy cholesterol and triglycerides
  - May help prevent oxidative stress
  - May support brain function
  - May relieve headaches
- May improve sleep and insomnia
- May help improve mood and reduce stress
  - May prevent kidney stones
  - May help with staph infections

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 to 2 drops per 5 pounds of body weight, up to a maximum of 10 drops, 2 to 3 times per day.

12 years to 17 years: 20 to 30 drops, taken up to 3 times per day.

18 years and older: 30 to 60 drops, taken up to 3 times per day.

## Ingredients:

Organic Hibiscus + Organic Lavender + 190 proof Everclear

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Hibiscus + lavender tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# HOLY BASIL (TULSI) TINCTURE



## Potential Health Benefits:

- May fight skin infections
  - May help heal acne
- May protect against diabetes
- May balance stress hormones
  - May relieve fever
- May help improve respiratory disorders
  - May relieve headaches/migraines
  - May support eye health

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 5 to 10 drops, taken 2 to 3 times per day.

12 years to 17 years: 10 to 20 drops, taken 2 to 3 times per day.

18 years and older: 20 to 40 drops, taken 2 to 3 times per day.

## Ingredients:

Organic Holy Basil + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Holy basil tincture is not considered safe for women who are pregnant, breastfeeding, or children under one. Some sources suggest that Holy Basil may have uterine-stimulating effects and could potentially lead to complications during pregnancy.



# HONEYSUCKLE TINCTURE



## Potential Health Benefits:

- May reduce inflammation and digestive disorders
  - May help with dysentery
- May help with upper respiratory tract - colds, influenza, swine flu, pneumonia
  - May help with viral infections
  - May help with bacterial infections
  - May help with brain swelling
  - May help with urinary disorders
  - May help with rheumatoid arthritis

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 to 2 drops per year of age, up to a maximum of 10 drops, taken 2 to 3 times per day.

12 years to 17 years: 10 to 20 drops, taken 2 to 3 times per day.

18 years and older: 20 to 40 drops, taken 2 to 3 times per day.

## Ingredients:

Organic Honeysuckle + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Honeysuckle tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.





# IRISH SEA MOSS TINCTURE WILDCRAFTED



## Potential Health Benefits:

- May be a good source of minerals
  - May offer thyroid support
  - May detox + cleanse
  - May boost immunity
- May support respiratory health
  - May promote joint health
  - May provide energy

## Age - Dosage:

Younger than 11 months: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 12 to 24 drops, taken every other day.

18 years and older: 30 drops taken daily or 60 drops taken every other day.

## Ingredients:

Wildcrafted Sea Moss + 80 proof Vodka

- Hand made. Hand poured.
- Source: St Lucia
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Seamoss tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# JAPANESE KNOTWEED TINCTURE



## Potential Health Benefits:

- May improve cognitive impact
  - May prevent heart disease
- May improve blood pressure & heart health
  - May boost brain function
- May provide relief from gastrointestinal issues
  - May fight cancer cell growth
  - May help with insulin control

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 5 to 10 drops, taken 2 to 3 times per day.

18 years and older: 15 to 30 drops, taken 2 to 3 times per day.

## Ingredients:

Organic Knotweed + 90 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Japanese knotweed tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# JOE PYE TINCTURE



## Potential Health Benefits:

- May act as a diuretic
- May help with urinary tract issues
- May help with kidney stones.
- May help with joint stiffness, including gout and rheumatism
- May help reduce fever ever + remedy for the common cold

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 10 to 20 drops, taken up to 3 times per day.

18 years and older: 20 to 40 drops, taken up to 3 times per day.

## Ingredients:

Organic Joe Pye + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Joe Pye tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# FRENCH LAVENDER TINCTURE



## Potential Health Benefits:

- May support relaxation
- May help induce sleep
- May lower adrenaline levels
  - May lower heart rate
  - May reduce anxiety
  - May improve mood

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 to 2 drops per 10 pounds of body weight, up to a maximum of 10 drops per dose, taken up to 3 times per day.

12 years to 17 years: 5 to 10 drops, taken up to 3 times per day.

18 years and older: 10 to 30 drops, taken up to 3 times per day.

## Ingredients:

Organic French Lavender + 100 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Lavender tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# LEMON BALM GLYCERIN TINCTURE



## For Calm & Sleep:

- Promotes Relaxation & Emotional Balance – Helps ease stress, anxious feelings, and nervous tension.
- Supports Restful Sleep – Encourages deep, restorative sleep without grogginess.
- Gentle Mood Support – Traditionally used to uplift the spirit and promote a sense of well-being.

## For Digestion & Immune Health:

- Soothes Digestive Discomfort – Helps ease bloating, gas, nausea, and mild stomach cramps.
- Supports a Healthy Immune Response – Traditionally used to help fight off colds and viral infections.
- Antiviral & Antimicrobial Properties – Supports the body's natural defenses.

## For Children:

- Safe & Gentle Calming Support – Helps with restlessness, hyperactivity, and occasional mood swings.
- Soothes Tummy Troubles – Aids in digestion and relieves mild nausea.
- Supports Immune Function – Traditionally used to help little ones fight off seasonal bugs.
- Naturally Mild & Sweet – Well-tolerated by children of all ages.

## Dosing Instructions:

- Children (1-3 years): 5-10 drops, up to 3 times daily.
- Children (4-12 years): 10-20 drops, up to 3 times daily.
- Teens & Adults: 30 drops (1 dropper), up to 3 times daily.
- For Sleep Support: Take 30 minutes before bedtime.

Can be taken directly under the tongue or diluted in water, juice, or herbal tea. Shake well before use.

## Ingredients:

Organic Lemon Balm + Coconut Glycerin

- Hand made. Hand poured.
- Shelf Life - 1 year

2 Ounce Dropper

*Children +  
Tinctures*

Please consult a pediatric herbalist before administering tinctures to children. Not all herbs are safe for children, and we always suggest doing your research, exercising caution, and speaking with a health professional.



# LEMON BALM TINCTURE



## Potential Health Benefits:

- May be a natural antibacterial agent
- May protect against heart and liver problems
  - May help with herpes outbreaks
- May be a powerful antioxidant and anti-inflammatory
- May help with anxiety and improve mood, concentration, and sleep
  - May regulate overactive thyroid
    - May aid in digestion
- May help soothe pain (including PMS symptoms, headaches, and toothaches)
- Lemon Balm may also help with anxiety. Lemon balm may significantly reduce excitatory transmission in the brain by inhibiting an enzyme called GABA-T that breaks down GABA, thus increasing the amount of GABA available in the brain.

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 5 to 10 drops, taken 2 to 3 times per day.

12 years to 17 years: 10 to 20 drops, taken 2 to 3 times per day.

18 years and older: 20 to 40 drops, taken 2 to 3 times per day.

## Ingredients:

Organic Lemon Balm + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Lemon balm tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# LICORICE ROOT TINCTURE



## Potential Health Benefits:

- May help fight EBV, HHV-6, CMV
  - May help treat Hepatitis C
- May help shorten the duration of shingles
- May help suppress various autoimmune conditions
  - May treat upper respiratory conditions
- May help push pathogens out of the body and stop them from procreation
  - May have anti-c\*ncer effects
- May help those with low blood pressure
  - May be an adrenal restorative
- May help with digestive problems
  - May help with peptic ulcers
- May help with menopausal symptoms
  - May help clear up a cough
- May help kill bacterial infections
  - May help kill viral infections
- May help enhance liver health
- May help relieve arthritis pain

## Age - Dosage:

Younger than 2 years: Do not use.

2 to 6 years: 3 to 5 drops, up to 1 time per day.

7 to 13 years: 10 to 15 drops, up to 1 time per day.

14 years to 17 years: 15 to 20 drops, taken up to 2 times per day.

18 years and older: 20 to 30 drops, taken up to 2 times per day.

## Ingredients:

Organic Licorice Root + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

## Safety Warning!

Pregnant and breastfeeding women should not use Licorice Root. Chronic use and large doses of licorice root can cause severe fluid and electrolyte imbalances. Licorice root has been shown to interact with blood pressure medications, blood thinners, cholesterol lowering medications, including statins, diuretics, estrogen-based contraceptives, non-steroidal anti-inflammatory drugs (NSAIDs). People taking any of these medications should avoid licorice root products unless their healthcare provider instructs otherwise.

\* DO NOT exceed 6 weeks of ongoing use





# MARSHMALLOW ROOT TINCTURE



## Potential Health Benefits:

- May loosen mucus
- May inhibit bacteria growth
  - May treat colds + flu
- May act as a pain reliever
- May help with gastric ulcers

## Age - Dosage:

Younger than 6 months: Do not use.

6 months to 1 year: 2 to 3 drops, up to 1 time per day.

2 to 6 years: 5 to 10 drops, up to 2 times per day.

7 to 17 years: 10 to 20 drops, taken 2 to 3 times per day.

18 years and older: 20 to 40 drops, taken 2 to 3 times per day.

## Ingredients:

Organic Marshmallow Root + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Marshmallow root tincture is not considered safe for women who are pregnant, breastfeeding, or children under 6 months.



# MILK THISTLE TINCTURE



## Potential Health Benefits:

- May support liver detox
- May help daily liver health
- May help fight oxidative stress
- May assist the liver in breaking down fat
- May help increase energy levels
- May help with menopause weight management

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 5 to 10 drops, taken 2 to 3 times per day.

18 years and older: 20 to 40 drops, taken 2 to 3 times per day.

## Ingredients:

Organic Milk Thistle + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Milk thistle tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# MORINGA TINCTURE



## Potential Health Benefits:

- Moringa contains a range of antioxidant and anti-inflammatory agents, such as quercetin, which may help protect cardiovascular health.
  - Helps improve digestive health
- Balances hormones and slows the effects of aging
- Balances blood sugar levels, helping fight diabetes
- Rich in Amino Acids. Moringa leaves are rich in amino acids, the building blocks of proteins. 18 types of amino acids are found in them and each of them makes an important contribution to our wellbeing.
  - Protects and nourishes the skin
- Helps stabilize your mood and protects brain health
  - Helps protect cells from cellular damage
  - Helps fight viral, and fungal infections
  - Potential cancer fighting benefits
- Moringa leaves accelerate the repair of the liver cells. The leaves have a high concentration of polyphenols that protect against oxidative damage to the liver and may even reduce it. They increase the protein levels in the liver.

## Suggested Use:

Age 1 - 4 years: Do not use

Age 4 to 10: five to ten drops

Age 10 to 15: ten to fifteen drops

Age 15 to 18: 15 to 30 drops

Adult dosage: 30 to 60 drops (1 to 2 droppers full)

## Ingredients:

Organic Moringa + 80 proof vodka

2 Ounce Dropper

*Safety  
Warning!*

This tincture should not be taken while pregnant, nursing, or attempting to get pregnant.



# MULLEIN GLYCERIN TINCTURE



## For Respiratory Health:

- Supports Lung & Bronchial Health – Helps clear mucus and promote deep, easy breathing.
- Soothes Coughs & Throat Irritation – Eases dry, scratchy throats and persistent coughs.
- Reduces Inflammation – Traditionally used to calm irritated airways and reduce congestion.

## For Children:

- Gentle Lung Support – Helps little ones breathe easier during colds or seasonal changes.
- Eases Mucus Buildup – Aids in clearing congestion naturally.
- Supports Immune Function – Helps the body fight off respiratory infections.
- Safe & Mild – Gentle enough for children with sensitive systems.

## Dosing Instructions:

- Children (1-3 years): 5-10 drops, up to 3 times daily.
- Children (4-12 years): 10-20 drops, up to 3 times daily.
- Teens & Adults: 30 drops (1 dropper), up to 3 times daily.
- For Acute Respiratory Support: Take every 3-4 hours as needed.

Can be taken directly under the tongue or diluted in water, juice, or herbal tea. Shake well before use.

## Ingredients:

- Organic Mullein + Coconut Glycerin
- Hand made. Hand poured.
- Shelf Life - 1 year

**2 Ounce Dropper**

*Children +  
Tinctures*

Please consult a pediatric herbalist before administering tinctures to children. Not all herbs are safe for children, and we always suggest doing your research, exercising caution, and speaking with a health professional.



# MULLEIN LEAF TINCTURE



## Potential Health Benefits:

- May help with respiratory health
- May help with cough, whooping cough, tuberculosis, bronchitis, hoarseness, pneumonia
- May help with the common colds, chills, flu, swine flu, and fever
  - May help with allergies
  - May help with tonsillitis and sore throat.
- May help with gastrointestinal bleeding migraines
  - May help with joint pain
- May act as a natural anti-inflammatory, antibacterial
  - May help with earache/ear Infections
  - May help with digestive health
    - May help with asthma
    - May help relieve migraine
    - May help with gout

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 5 to 10 drops, taken 3 times per day.

18 years and older: 15 to 30 drops, taken 3 times per day.

## Ingredients:

Organic Mullein Leaf + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Mullein leaf tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12. Additionally, Mullein leaf should not be taken by people who have any type of liver disease, or by people on anti-coagulates.



# OIL OF OREGANO



## Potential Health Benefits:

- May have properties that kill bacterial infections.
  - May have properties that kill viruses.
- May be helpful against oral thrush and yeast infections.
  - May have antioxidant properties.
- May possess powerful anti-inflammatory effects.
- May have properties that may help manage diabetes.
  - May be effective in killing yeast.
- May be effective in eliminating parasite infections.
  - May be beneficial in treating SIBO.
- May provide support to the immune system.
- May help relieve respiratory and sinus conditions.
  - May be effective in treating seasonal allergies.
- May have properties that suppress cancer cells.
  - May aid in weight loss

## Age - Dosage:

**Ages 15 and Up:** 6 drops in a small glass of water. Can be taken daily if needed.

To use oregano oil topically for skin issues, dilute one or two drops in a carrier oil. A person can then apply this mixture directly to the skin.

## Ingredients:

**Freshly Grown, Organic Oregano + Olive Oil**

- Hand made. Hand poured.
- Shelf Life - 10 years

**2 Ounce Dropper**

## Safety Warning!

Due to the potency of oregano, long-term daily use is not recommended.

Oil of oregano should not be used for children or infants. Additionally, pregnant or breastfeeding women should refrain from using it. It is important to note that oregano oil can interfere with some medications, including lithium and diuretics. In terms of storage, oil of oregano will remain shelf stable on the counter and can last for several years if refrigerated.



# OLIVE LEAF GREEK OLIVE TINCTURE



## Potential Health Benefits:

- May be one of the most powerful natural antioxidants in the world
- May be a natural antimicrobial, antifungal, anti-inflammatory
  - May regulate blood sugar
  - May regulate blood pressure
  - May increase cell regeneration
- May help with gastrointestinal issues
- May help with Alzheimer's, Parkinson's
  - May help with gout

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 to 2 drops, up to a maximum of 10 drops per dose, taken 2 to 3 times per day.

12 years to 17 years: 15 to 30 drops, taken 2 to 3 times per day.

18 years and older: 30 to 60 drops, taken 2 to 3 times per day.

## Ingredients:

Organic Greek Olive + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Olive leaf - greek olive tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.





# PARASITE CLEANSE WORMWOOD + CLOVE TINCTURE



## Potential Health Benefits:

- Clove buds, a medicinal staple for hundreds of years, are most notably known for their antioxidant and antimicrobial properties. The active compound believed to be responsible for these health benefits is eugenol.
- Eugenol, found in cloves, may dissolve the hard casing around parasite eggs.
- May have the ability to help kill off intestinal protozoans Blastocystis and Giardia, as well as the blood fluke. This compound may help weaken an organism's membrane, including some species of bacteria, such as Helicobacter pylori, the root cause of stomach ulcers.
- May also help as it can anesthetize intestinal parasites, causing them to loosen their grip so that they can be eliminated with bowel movements.

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 6 to 20 drops, taken 2 times per day.

18 years and older: 20 to 40 drops, taken 2 times per day.

## Ingredients:

Organic Wormwood + Organic Clove + Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Not intended for use beyond 14 to 21 days.

Our Parasite Tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12. Additionally, wormwood contains thujone, a compound that can be toxic in high doses, so it should not be taken in large amounts or for prolonged periods.



# PASSION FLOWER TINCTURE



## Potential Health Benefits:

- May promote calm and relaxation
  - May help with extreme anxiety
  - May help relieve sleep issues
    - May relieve indigestion
- May relieve pain from fibromyalgia and muscle cramps
  - May relieve diarrhea
- May relieve symptoms related to narcotic drug withdrawal

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 to 2 drops per year of age, up to a maximum of 10 drops, taken up to 3 times per day.

12 years to 17 years: 10 to 30 drops, taken up to 3 times per day.

18 years and older: 30 to 60 drops, taken up to 3 times per day.

## Ingredients:

Organic Passion Flower + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Passion flower tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# PEPPERMINT TINCTURE



## Potential Health Benefits:

- May ease digestive upset
- May help with migraine relief
- May relieve clogged sinuses
  - May improve energy
- May relieve menstrual cramps
- May fight bacterial infections
- May promote concentration
- May help with seasonal allergies

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 to 5 drops, taken up to 3 times per day.

12 years to 17 years: 5 to 10 drops, taken up to 3 times per day.

18 years and older: 10 to 30 drops, taken up to 3 times per day.

## Ingredients:

Organic Peppermint + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Peppermint tincture is not considered safe for children under one. For pregnant or breastfeeding women: Peppermint tincture is generally considered safe during pregnancy and breastfeeding in small doses, but it is important to consult with a healthcare professional before use.



# PURPLE ECHINACEA TINCTURE



## Potential Health Benefits:

- May be used as a natural antiviral
  - May be high in antioxidants
  - May boost immune function
    - May relieve pain
    - May reduce inflammation
- May assist in hormone regulation

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 to 2 drops per year of age, up to a maximum of 10 drops, taken 1 to 3 times per day.

12 years to 17 years: 10 to 30 drops, taken 1 to 3 times per day.

18 years and older: 30 to 60 drops, taken 1 to 3 times per day.

## Ingredients:

Organic Purple Echinacea + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

**2 Ounce Dropper**

*Safety  
Warning!*

Purple echinacea tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# RED CLOVER TINCTURE



## Potential Health Benefits:

- May help relieve menopause symptoms
  - May help with osteoporosis
  - May help with Asthma
- May help with Whooping Cough
  - May be used for Gout
- May Lower Bad Cholesterol

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 10 to 20 drops, taken up to 3 times per day.

12 years to 17 years: 20 to 40 drops, taken up to 3 times per day.

18 years and older: 40 to 80 drops, taken up to 3 times per day.

## Ingredients:

Organic Red Clover + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Red clover tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# RED RASPBERRY LEAF GLYCERIN TINCTURE



## For Women & Pregnancy:

- **Supports Women's Health** – Traditionally used to tone and strengthen the uterus, making it a popular choice for pregnancy and menstrual health.
- **Eases Menstrual Discomfort** – Helps reduce cramping and supports a balanced cycle.
- **Nourishes & Strengthens** – Rich in vitamins and minerals like iron, calcium, and magnesium for overall wellness.

## For Children:

- **Supports Digestion** – Helps soothe upset stomachs, mild nausea, and digestive discomfort.
- **Rich in Nutrients** – Provides essential vitamins and minerals to support growth and overall health.
- **Strengthens the Immune System** – Helps the body fight off infections and supports respiratory health.
- **Gentle & Safe** – A naturally mild herb that is well-tolerated by children.

## Dosing Instructions:

- **Children (1-3 years):** 5-10 drops, up to 3 times daily.
- **Children (4-12 years):** 10-20 drops, up to 3 times daily.
- **Teens & Adults:** 30 drops (1 dropper), up to 3 times daily.
- **Pregnant Women:** Consult your midwife or healthcare provider for personalized dosing.

Can be taken directly under the tongue or diluted in water, juice, or herbal tea. Shake well before use.

## Ingredients:

Organic Red Raspberry Leaf + Coconut Glycerin

- Hand made. Hand poured.
- Shelf Life - 1 year

2 Ounce Dropper

*Children +  
Tinctures*

Please consult a pediatric herbalist before administering tinctures to children. Not all herbs are safe for children, and we always suggest doing your research, exercising caution, and speaking with a health professional.



# RED RASPBERRY LEAF TINCTURE



## Potential Health Benefits:

- Swishing with this tincture is great for the gums and may help alleviate the symptoms of gingivitis or gum disease.
  - May provide increased nutrition, thanks to the high mineral content (iron, magnesium, B vitamins, and more).
  - May ease the symptoms of PMS, endometriosis, and menopause, and some couples may find it helpful when trying to conceive.
- May offer pregnancy support, by making the uterus stronger, and helping bring it back to its original size postpartum.
  - May help with less painful menstrual cycles
  - May provide antioxidant protection.
- May help with stomach disorders, such as diarrhea
- May offer immune support for respiratory disorders and heart problems.
- May offer blood sugar regulations in diabetic patients.

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 5 to 10 drops, taken 1 to 3 times per day.

12 years to 17 years: 10 to 20 drops, taken 1 to 3 times per day.

18 years and older: 20 to 40 drops, taken 1 to 3 times per day.

## Ingredients:

Organic Red Raspberry Leaf + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Red raspberry leaf is not considered safe for children under one. Red raspberry leaf is generally considered safe for pregnant and breastfeeding women when used in moderation. However, it is important to consult with a healthcare provider before taking any herbal supplements, especially during pregnancy.





# RESURRECTION FLOWER TINCTURE



## Potential Health Benefits:

- May contain disease-fighting plant compounds known as flavonoids. In particular, it's rich in chlorogenic acid, quercetin, kaempferol, and luteolin.
  - May fight oxidative stress
  - May combat aging
  - May help immune health
  - May help with menstrual cramps
- May help with bad breath/cleanse the palate
  - May help back pain
  - May relieve headache
  - May reduce inflammation
  - May alleviate arthritis pain
- May help with respiratory disorders
  - May help with bronchitis

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 to 5 drops, taken 2 to 3 times per day.

12 years to 17 years: 5 to 10 drops, taken 2 to 3 times per day.

18 years and older: 10 to 60 drops, taken 2 to 3 times per day.

\* Take at the first sign of the cold or flu.

## Ingredients:

Organic Resurrection Flower + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Resurrection flower tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# RHODIOLA SACRA TINCTURE



## Potential Health Benefits:

- May improve weight loss
- May improve energy + stamina
  - May improve anxiety
  - May improve depression
- May help improve concentration
  - May help with memory loss
- May help with cognitive brain function
  - May help with headaches
- May have anti-cancer properties
  - May lower blood pressure
  - May help with anemia
  - May protect arteries
  - May protect the liver
- May help with sexual dysfunction

## Age - Dosage:

Younger than 2 years: Do not use.

2 years to 9 years: Do not use.

10 years to 14 years: 10 drops taken 2 x per day.

15 years to 17 years: 15 drops taken 2 to 3 x per day.

18 years and older: 20 taken 3 to 4 x times per day. Drop into 2 oz of water or juice.

It is recommended to drop Rhodiola Sacra Tincture into 1 ounce of water or juice to dilute the 190 proof grain alcohol. Adding to a cup of boiling tea is also effective to remove the alcohol content of the tincture.

## Ingredients:

Organic Rhodiola Sacra Root + 190 proof Grain Alcohol

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

This tincture is not considered safe for women who are pregnant, breastfeeding, or children under ten.



# WILD ROSE TINCTURE



## Potential Health Benefits:

- May help with Rosacea + Eczema reducing inflammation and calm the skin with these anti-inflammatory properties
  - May help with depression + anxiety
  - May help with proper vascular functioning
  - May help in treating high blood pressure
    - May help with poor circulation
  - May help as an antispasmodic and be helpful for osteoarthritis ("wear and tear arthritis"), sore muscles, chronic musculoskeletal pain
  - May help promote beneficial bacterial in our gut
  - May be beneficial for low libido, erectile dysfunction, bringing blood flow and promoting circulation to the pelvic region
- May relieve menstrual cramps, mood swings, and scanty menses resulting from pelvic congestion
- May help with an overworked and congested liver and excess heat in the digestive system
  - May help with constipation, headaches, IBS, gastric inflammation, food allergies and intolerance, and sluggish digestion
- May help ward off UTIs, yeast, and vaginal infections

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 5 to 10 drops, taken 2 to 3 times per day.

12 years to 17 years: 10 to 20 drops, taken 2 to 3 times per day.

18 years and older: 20 to 40 drops, taken 2 to 3 times per day.

## Ingredients:

Organic Wild Rose + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Wild Rose tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# SAGE TINCTURE



## Potential Health Benefits:

- May help with stomach issues and upsets
  - May help with depression
  - May help with anxiety
- May help with memory loss
- May help with Alzheimer's

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 to 5 drops, taken 1 to 3 times per day.

12 years to 17 years: 5 to 10 drops, taken 1 to 3 times per day.

18 years and older: 10 to 30 drops, taken 1 to 3 times per day.

## Ingredients:

Organic Sage + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Sage tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# SAINT JOHN'S WORT TINCTURE



## Potential Health Benefits:

- May help with anxiety + depression
- May reduce the symptoms of menopause
  - May assist in wound healing
  - May improve PMS symptoms
  - May help with loss of appetite

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 drop of tincture per year of age, up to a maximum of 10 drops, taken up to 3 times per day.

12 years to 17 years: 10 to 20 drops, taken up to 3 times per day.

18 years and older: 20 to 40 drops, taken up to 3 times per day.

## Ingredients:

Organic St. John's Wort + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

## Safety Warning!

St. John's Wort tincture is not considered safe for children under one. Pregnant women should not take St. John's Wort, as it may cause uterine contractions and increase the risk of miscarriage.

Breastfeeding women should also avoid St. John's Wort, as it may pass into breast milk and cause side effects in the nursing infant.



# SIDERITIS TINCTURE



## Potential Health Benefits:

- May help inflammation
- May help prevent anemia
- May help neurological conditions
  - May improve ADHD
- May help with gastric ulcers
  - May boost brain function
- May help with anxiety and depression
- May be beneficial in the treatment of lung conditions

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 10 to 15 drops, taken 2 to 3 times per day.

18 years and older: 20 to 30 drops, taken 2 to 3 times per day.

## Ingredients:

Organic Sideritis + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Sideritis tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# SKULLCAP GLYCERIN TINCTURE



## Key Benefits:

- Calms the Nervous System – Traditionally used to ease nervousness, restlessness, and occasional anxiety.
- Supports Relaxation & Sleep – Helps promote restful sleep and a sense of ease, especially in times of stress.
- Soothes Muscle Tension – May help with occasional muscle tightness and discomfort.

## Dosing Instructions:

- Infants (6-12 months): 2-5 drops, up to 3 times daily.
- Children (1-3 years): 5-10 drops, up to 3 times daily.
- Children (4-12 years): 10-20 drops, up to 3 times daily.
- Children 12+ and Adults: 30 drops (1 dropper), up to 3 times daily.

Can be taken directly under the tongue or diluted in water, juice, or herbal tea. Shake well before use.

## Ingredients:

Organic Skullcap + Coconut Glycerin

- Hand made. Hand poured.
- Shelf Life - 1 year

2 Ounce Dropper

*Children +  
Tinctures*

Please consult a pediatric herbalist before administering tinctures to children. Not all herbs are safe for children, and we always suggest doing your research, exercising caution, and speaking with a health professional.





# CHINESE SKULLCAP TINCTURE



## Potential Health Benefits:

- May help reduce the fever associated with the flu.
  - May help with insomnia
  - May help kill cancer cells
- May help with seizures and tremors
  - May relieve allergies
  - May stop hair loss
- May help with the female reproductive system
  - May be high in antioxidants
- May help with Alzheimer's and dementia
- May protect against neurological conditions
  - May help with Parkinson's disease
  - May boost brain function
- May help with anxiety and depression

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 to 2 drops per year of age, up to a maximum of 25 drops, taken 2 to 3 times per day.

12 years to 17 years: 15 to 30 drops, taken 2 to 3 times per day.

18 years and older: 30 to 60 drops, taken 2 to 3 times per day.

## Ingredients:

Organic Skullcap + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Skullcap tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# SOUCHONG TINCTURE



## Potential Health Benefits:

- May boost heart health
- May reduce the risk of heart attack and kidney stones
- May help alleviate headaches and boosts mental alertness
  - May potentially stave off strokes
  - May help ease upset stomachs
  - May lower stress hormones
- May lower the risk of cognitive decline
- May prevent the hardening of the arteries

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 10 to 15 drops, taken up to 3 times per day.

18 years and older: 20 to 30 drops, taken up to 3 times per day.

## Ingredients:

Organic Souchong + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Souchong tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# SOURSOP LEAF TINCTURE



## Potential Health Benefits:

- May be a natural antibacterial
- May be high in Antioxidants
  - May boost immune health
  - May destroy free radicals
    - May boost skin health
  - May assist in weight loss
- May promote healthy digestion
  - May relieve constipation
- May stabilize blood pressure
- May help prevent heart disease
  - May aid in muscle function
  - May boost sperm count
- May help control parasites

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 to 2 drops per pound of body weight, up to a maximum of 10 to 20 drops per day, divided into 2 to 3 doses.

12 years to 17 years: 20 to 30 drops per day, divided into 2 to 3 doses.

18 years and older: 30 to 60 drops per day, divided into 2 to 3 doses.

## Ingredients:

Wildcrafted Soursop + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Soursop tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# SPIKE PROTEIN PROTECTION TINCTURE



## Potential Health Benefits:

- May help protect the body from the effects of shedding. It may also be beneficial for those who have had the virus.
  - May be a potent antidote for transmission concerns.
    - May help prevent blood clots.
- May help prevent blood clots. It may also protect DNA and RNA, improve circulation, and regulate blood pressure.
  - Fennel was highly valued in the ancient world by Romans, Greeks, Egyptians, Chinese, and Indians for its value as a medicinal herb. Fennel Seeds today are known as "Spike Protein Herb" because of its extremely high levels of shikimic acid. There is growing evidence from modeling studies that thymoquinone (found in fennel seeds) may stop it from entering the lungs.
  - Dandelion may be one of the best known blood builders & purifiers available. A German university study found that the common dandelion may block sp's from binding to the @CE2 cell surface receptors in human lung and kidney cells. Dandelion contains all the nutritive salts for the blood and is more nutritious than most of the vegetables in a garden. It has excellent levels of vitamins A, C, D & B complex. It also may be a top liver cleanser and protector.
  - Anise may be good for lung health. It may help with lung swelling, influenza, swine flu, and bird flu.

## Suggested Use:

One full dropper, taken up to 3 times per day.

The herbs in our Spike Protein Protection can be taken daily without the need to cycle off of them for any amount of time. These herbs are accumulative in effects. The longer you take them, the more benefits you may receive.

## Ingredients:

Organic White Pine, Organic Dandelion, Organic Fennel, Organic Anise + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Please consult a pediatric herbalist before administering tinctures to children. Not all herbs are safe for children, and we always suggest doing your research, exercising caution, and speaking with a health professional.

Mommas need to speak with their midwife or Doula. It is very important that you are aware of what may crossover into an unborn baby's delicate system.



# STINGING NETTLES TINCTURE



## Potential Health Benefits:

- May fight pain in muscles and joints
  - May reduce inflammation
  - May lower blood pressure
  - May improve heart health
- May assist in the treatment of eczema, gout, anima, and arthritis
  - May improve kidney function
  - May help shrink enlarged prostate
- May help with urinary tract infections and urinary issues

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 10 to 20 drops, taken 2 to 3 times per day.

18 years and older: 20 to 30 drops, taken 2 to 3 times per day.

## Ingredients:

Organic Nettles + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Stinging nettles tincture is not considered safe for children under 12. Pregnant and breastfeeding women should avoid stinging nettle as it can stimulate uterine contractions and may cause miscarriage or premature labor.



# THYME TINCTURE



## Potential Health Benefits:

- May help with sore throats
- May lower blood pressure and cholesterol levels
  - May help with food poisoning
  - May help with Indigestion
  - May help with bronchitis
- May help with throat infections
- May help with respiratory Infections
- May support the immune system
  - May relieve arthritis

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 to 5 drops, taken 1 to 3 times per day.

12 years to 17 years: 5 to 10 drops, taken 1 to 3 times per day.

18 years and older: 10 to 20 drops, taken 1 to 3 times per day.

## Ingredients:

Organic Thyme + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Thyme tincture is not considered safe for women who are pregnant, breastfeeding, or children under one. Thyme contains thymol, which has been shown to have uterine-stimulating properties that may increase the risk of miscarriage.





# THYROID TINCTURE



## Potential Health Benefits:

- May contain high levels of iodine, a trace element that supports thyroid health by producing the thyroid hormones triiodothyronine (T3) and thyroxine (T4). These hormones may help regulate your metabolism.
- May deliver excellent health benefits, such as improving heart functions, mitigating joint pain, treating skin inflammation, and detoxifying the liver, kidneys, and blood of impurities for better metabolism, immunity, and thyroid function.
- May have traditionally been used as a source of iodine for thyroid deficiency and as a slimming supplement due to its iodine content.
- The leaves and seeds of the alfalfa plant may have diuretic properties and may be effective against thyroid gland malfunction.
- May help reverse the negative effects of thyroid gland dysfunction.
- May be rich in capsaicin, a substance that helps eliminate symptoms of an underactive thyroid, strengthen the heartbeat, and improve blood circulation.

## Age - Dosage:

Younger than 2 years: Do not use.

2 years to 11 years: Do not use

12 years to 17 years: Do not use.

18 years and older: 20 drops in 2 ounces of water before meals.

## Ingredients:

Organic Sea Moss, Organic Bladderwrack, Organic Burdock, Organic Kelp, Organic Alfalfa, Organic Parsley, Organic Cayenne + 80 proof vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Thyroid tincture is not considered safe for women who are pregnant, breastfeeding, or children under two.





# TURMERIC + BLACK PEPPER TINCTURE



## Potential Health Benefits:

- May slow/prevent blood clots
- May combat inflammation
- May boost skin health
- May act as an anti-inflammatory and pain reduction for arthritis
- May help manage diabetes
- May support the management of IBS
- May help regulate cholesterol
- May act as a pain reliever
- May act as a natural detox
- May improve joint health and aid in muscle relief

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 10 to 20 drops, taken up to 3 times per day.

18 years and older: 20 to 30 drops, taken up to 3 times per day.

## Ingredients:

Organic Turmeric + Black Pepper + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

## Safety Warning!

Turmeric + black pepper tincture is not considered safe for children under 12. Pregnant and breastfeeding women should exercise caution when taking turmeric and black pepper tincture, as the safety of these ingredients in these populations has not been well established. While turmeric is generally considered safe in moderate amounts, high doses or long-term use may increase the risk of bleeding or uterine contractions. Black pepper may also have potential side effects or interactions, particularly when taken in large amounts or in combination with other medications. It is recommended to consult with a healthcare provider before using this supplement while pregnant or breastfeeding.



# 24 HOUR BUG/ COLD + FLU TINCTURE



## Potential Health Benefits:

- May contain more than 30 natural plant chemicals, called sesquiterpene lactones, with the most active being parthenolide.
- May be the most powerful immune enhancer on earth.
- May be the first herb ever used in Chinese medicine. In clinical trials, honeysuckle was able to suppress influenza
- May contain high amounts of vitamins and minerals that boost immune health. Bursting with Vitamin C, which may help fend off the common cold and flu.
- May have been used medicinally for centuries to fight infections and boost immunity.
- May have strong antiviral effects, particularly against the influenza virus. It might be useful in fighting a strain of a herpes virus.
- May possess several potent antioxidants, including triterpenes, flavonoids, polyphenols, and carotenoids.

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 5 to 10 drops, taken 3 times per day.

18 years and older: 15 to 30 drops, taken 3 times per day.

## Ingredients:

Organic Feverfew, Organic Rose, Organic Mullein, Organic Honeysuckle, Organic Cats Claw, Organic Elderberry, Organic Calendula + 80 proof vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

**2 Ounce Dropper**

*Safety  
Warning!*

Not considered safe for children under 12. Also should not be taken by people who have any type of liver disease, or by people on anti-coagulates.

This tincture is not considered safe for women who are pregnant, breastfeeding, or children under four years of age.



# VALERIAN ROOT TINCTURE



## Potential Health Benefits:

- May help with insomnia
  - May reduce anxiety
  - May alleviate PMS
- May reduce menopause symptoms
- May help with chronic headaches
- May reduce hyperactivity, concentration difficulties, and impulsiveness

## Age - Dosage:

Younger than 1 to 3 years: Do not use.

4 to 6 years: 1 to dropper up to 2 x per day

7 to 11 years: 1 to 2 droppers up to 2 x per day

12 years to 17 years: 2 droppers full up to 3 x per day

18 years and older: 2 droppers full up to 3 x per day

## Ingredients:

Organic Valerian Root + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Valerian may not be safe if you're pregnant or breastfeeding, and it has not been evaluated to determine if it's safe for children under 3 years old. Additionally, if you have liver disease, avoid taking valerian. Furthermore, because valerian can make you drowsy it is recommended to avoid driving or operating dangerous machinery after taking it.



# WHITE PINE NEEDLE TINCTURE



## Potential Health Benefits:

- May relieve chest congestion
  - May enhance immunity
  - May improve sore throats
- May improve brain health and boost brain function
  - May assist with depression
    - May relieve allergies
    - May boost weight loss
  - May lower blood pressure

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 to 2 drops per year of age, up to a maximum of 10 drops, taken up to 3 times per day.

12 years to 17 years: 10 to 20 drops, taken up to 3 times per day.

18 years and older: 20 to 40 drops, taken up to 3 times per day.

## Ingredients:

Organic Pine Needle + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

White pine needle tincture is not considered safe for women who are pregnant, breastfeeding, or children under one.



# WHITE WILLOW BARK TINCTURE



## Potential Health Benefits:

- May act as an anti-inflammatory for pain relief
- May have a calming effect on the nervous system
- May help with headaches, back pain, and menstrual cramps

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 10 to 20 drops, taken up to 3 times per day.

18 years and older: 40 to 80 drops, taken up to 3 times per day.

## Ingredients:

Organic White Willow Bark + 100 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10+ years

2 Ounce Dropper

## Safety Warning!

Pregnant women, breastfeeding women, and children under 12 years old should not use white willow bark tincture, as there is not enough research to determine its safety in these populations. Additionally, individuals who are allergic to aspirin or who are taking blood-thinning medications should avoid using white willow bark tincture as it may increase the risk of bleeding.



# WILD YAM TINCTURE



## Potential Health Benefits:

- May Help With Menopause Systems
- May Help with Hormone Production + Balance
  - May Help Treat Arthritis
  - May Lower Blood Sugar Levels
- May Reduce LDL Cholesterol Levels
  - May Reduce Cholesterol Levels

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 10 to 20 drops, taken 2 to 3 times per day.

18 years and older: 20 to 40 drops, taken 2 to 3 times per day.

## Ingredients:

Organic Wild Yam + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10+ years

2 Ounce Dropper

*Safety  
Warning!*

Wild yam tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12.



# WORMWOOD TINCTURE



## Potential Health Benefits:

- May be an excellent parasite cleanse
  - May improve digestion
- May help with pain management
  - May help with memory loss
  - May help reduce fever
- May help with liver disease
  - May reduce swelling
  - May help viral infections
- May help gallbladder disease
- May help intestinal spasms

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: Do not use.

12 years to 17 years: 6 to 20 drops, taken 2 times per day.

18 years and older: 20 to 40 drops, taken 2 times per day.

\* Not to be used for more than 2 to 3 weeks max.

## Ingredients:

Organic Wormwood + 80 proof Vodka

- Hand made. Hand poured.
- Shelf Life - 10 years

2 Ounce Dropper

*Safety  
Warning!*

Wormwood tincture is not considered safe for women who are pregnant, breastfeeding, or children under 12. Additionally, wormwood contains thujone, a compound that can be toxic in high doses, so it should not be taken in large amounts or for prolonged periods.





# YARROW FLOWER TINCTURE



## Potential Health Benefits:

- May offer relief from cough, cold, or flu
  - May aids in healthy digestion
  - May stop heartburn
- May be taken daily as an immune boost

## Age - Dosage:

Younger than 1 year: Do not use.

1 year to 11 years: 1 drop per 4 pounds of body weight, up to a maximum of 15 drops per dose, taken up to 3 times per day.

12 years to 17 years: 15 to 30 drops, taken up to 3 times per day.

18 years and older: 30 to 60 drops, taken up to 3 times per day.

## Ingredients:

Organic Yarrow + 80 proof Vodka


- Hand made. Hand poured.
- Shelf Life - 10+ years


2 Ounce Dropper

*Safety  
Warning!*

Yarrow flower tincture is not considered safe for women who are pregnant, breastfeeding, or children under one. Additionally, pregnant and breastfeeding women should avoid using yarrow because it may stimulate menstruation and cause miscarriage or premature birth. Yarrow contains small amounts of thujone, a compound that can be toxic to the nervous system and can cause seizures when taken in large amounts.





 *Psalm 1:3*  
*"He shall be like a tree planted  
by the rivers of water, that  
brings forth its fruit in its season,  
whose leaf also shall not wither;  
And whatever he does shall  
prosper."*